

# CROSSROADS OF PARENTING & DIVORCE™



*Crossroads of Parenting & Divorce* is a five-step, three hour seminar designed to prevent divorce abuse—a specific type of emotional trauma that divorcing parents unintentionally inflict when their pain, anger and bitterness overshadow their child's needs.



The *Crossroads* seminar employs video, discussion, small group interaction, skill practice, and other proven techniques to provide guidance for a successful journey through divorce for both you and your child. The seminar will help you become aware of how your actions may inadvertently harm your child and teach you skills to maintain a child-focused relationship with your co-parent and to make better choices amidst conflict and loss.



*Crossroads*: Your child needs this from you now more than ever, and you will benefit, too. *Crossroads of Parenting and Divorce* seminars are led by Pat Schanz, MEd, LPC. I have 30 years of experience in helping children and families, first as an educator and now as a child and family therapist practicing in the 380 corridor community. My goal is to help families live happy, healthy lives together or at the crossroads of separation.

You will learn 5 prevention steps:

- Step 1.** Keep your child out of the middle.
- Step 2.** Allow your child to love both parents.
- Step 3.** Work on your own recovery.
- Step 4.** Develop new communication skills.
- Step 5.** Create a new relationship as co-parents.



Sign up for the next *Crossroads of Parenting & Divorce* class!

## SIGN UP NOW!

The cost of the the class is \$80 per person to be paid in advance by debit or credit card online at [www.patschanz.com](http://www.patschanz.com). This form is a fillable PDF. Fill it in, save it to your desktop, and email it to [patschanz@sbcglobal.net](mailto:patschanz@sbcglobal.net) or print and mail it to me **7 days in advance** of the class of your choice.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Next classes are available on

April 28

May 26

Class time 10:00-1:00

Pat Schanz

8700 US Highway 380 #505

Crossroads TX 76227